

# Cathy J. Berry, M.D.,P.C. & Associates

## Instructions For Patients Having An Obstetrical Sonogram

**LOCATION:** \_\_\_\_\_ 8280 Willett Parkway, Suite 201 \_\_\_\_\_ 101 Pine Street  
Baldwinsville, New York 13027 Syracuse, New York 13210  
Phone: (315) 638-0263 Phone: (315) 422-8105

**APPOINTMENT:** \_\_\_\_\_ **AT:** \_\_\_\_\_

Please plan to arrive a few minutes early.

**DRESS:** A two piece outfit is preferred, such as a loose top with slacks or a skirt. Your abdomen needs to be completely exposed for the examination.

### IMPORTANT

**A FULL BLADDER IS NECESSARY For A Good Sonogram.** Drink a minimum of two (2) 12 oz. glasses of clear liquid 1 hour prior to your appointment. Please try to avoid emptying your bladder after drinking this liquid. You will have the opportunity to empty your bladder **AFTER** your sonogram.

### **OTHER PERSONS PRESENT DURING THE SONOGRAM**

We will allow two (2) other adults to be present in the sonography room during the sonogram.

Children are allowed in the sonography room providing each child is accompanied by one adult other than the patient. If small children will be staying in the waiting room, they will need to be with a responsible adult while you are having your sonogram.

### **“PICTURES OF THE BABY” FOR THE BABY**

The sonography technician will provide you with 1 or 2 pictures suitable for your baby’s album.

**Please note that no video or audio tapes will be made / provided to patients during this exam. Camcorders, cameras, etc. are prohibited in the sonography room. Due to electronic interference, cell phone usage is also prohibited in the sonography room.**

### **ROUTINE FOLLOWED DURING THE SONOGRAPHY EXAM**

During the exam the technician may point out features about you and your baby. Official results will be available only after review by a physician.