Nurturing Your Body, Mind & Spirit

We, the staff at Cathy J. Berry & Associates, want to support our patients in all areas of health and wellness. While upholding traditional women's OB/GYN health care, we advocate an integrative Health Model, one that fosters wellness for the body, the mind, and the spirit. To help you and your wellness we are pleased to announce the expansion of on-site wellness services including Reiki, Massage Therapy, Acupuncture, and Light Therapy for ALL our patients. If you would like to learn more please contact the following practitioners for a private consult.

Lynne Hamm, LMT

Veronica Fleming, Reiki Master

Terry Bruneau, Reiki / Polarity Therapy
Welcome!

We would like to take this opportunity to welcome you to Cathy J. Berry, MD and Associates. Our staff is anxious to discuss your health care concerns and develop with you the best plan of care for you/ we will be committed to your wellbeing and satisfaction. Our offices include on-site sonography and laboratory services for your convenience.

Nurses are available Monday through Friday from 8:30 - 4:30 to speak with you and answer your questions. Our secretaries will relay your message or concern to them and your call will be returned in the order in which it was received. In some cases, calls are returned in order of medical importance. Please understand that our phones tend to be very busy in the mornings with patients who wish to be seen that same day/ we make every attempt to return your call in a timely manner.

All of our providers have varying hours and do have office hours while they are on call. They may not see patients every day in the office. We have two Nurse Practitioners, two Midwives, a Physician’s Assistant as well as three Physicians who are available to meet your healthcare problems if necessary.

Should you require a hospitalization, we only admit to Crouse Hospital.

A copy of our financial policy is enclosed. Please familiarize yourself with these policies. Bring a copy of your insurance cards and any applicable co-pays to your appointment with you/ We want your account to remain in good standing with us, it is not our policy to bill you for your copays. Copays are expected at the time of service, if you are unable to pay your copay at the time of your appointment, your need for the visit will be reviewed by our provider. If your appointment is not medically urgent, you may be asked to reschedule your appointment. If your appointment is deemed medically urgent, you may be asked to speak with the billing supervisor to discuss payment arrangements and a $10.00 surcharge will be added if we must bill you.

There may be cases when lab tests, diagnostic tests or preventive examinations are not covered by your insurance. We must, and will, represent our services exactly as they are rendered to you. If we provide a service that is not a covered benefit by your insurance company, it will be your responsibility. Most insurance companies do not charge a copay for well woman preventative services, however if you present with health concerns that fall outside of the realm of “normal routine care” your account may incur a copayment. It is important for you to remember that your insurance coverage is outlined in the contract between them and you.

Since we have many patients with a variety of medical needs, our ability to accommodate everyone in a timely manner depends on your ability to keep your appointments. If you are unable to keep your appointment, 24 hours’ notice is required. Individuals who do not call to cancel or reschedule their appointment and who do not come, may be required to sign a “No Show Contract”. Individuals with a chronic history of cancels and/or reschedules may be denied further services at Cathy J. Berry, MD and Associates. Also, please arrive 15 minutes early for
your appointment to fill out any necessary paperwork. Patients Receiving a Sonogram will be charged a fee of $50 for late arrival of 15 minutes or more and may be asked to reschedule.

We would also like to remind you that a routine GYN examination require that you refrain from sex and place **nothing** in the vagina for 48 hours prior to your appt. Certain objects (such as tampons) or creams (medications, hormones or sperm) may results in inaccurate or false positive test results. If you have a period on the day of your exam, you should reschedule your appointment.

Our on-site Sonographers are both ARDMS registered. While in our care, it is important for you to understand that your sonogram is an essential, diagnostic medical exam and very important for you and your baby’s well-being. The sonogram schedule runs on-time so we encourage you to arrive on-time, prepared for your exam. We invite two quests, 16 and over, in the sonography room during Obstetrical exams and one guest during Pelvic exams. No children under 16 years of age are allowed in the exam room, please plan ahead.

Open communication is the key to any good relationship and we look forward to sharing this time with you/ we welcome your thoughts, suggestions or concerns at any time. **Our staff will always make every effort to be respectful of your needs and personal space. We expect that everyone, including other people you may invite to accompany you to your appointments do the same. Foul language, rude or disruptive behavior will not be tolerated under any circumstances. Recording devices, audio or visual, are strictly prohibited on the premises. It is the policy of this practice to enforce these rules strictly and may results in your discharge from our care.**

We have a working partnership with may traditional and non-traditional health care providers in the community. It is the goal of our physicians and staff to meet your changing healthcare needs in the best way for you.

Thank you for choosing us as your healthcare provider, and again, welcome!

Cathy J. Berry, MD
FINANCIAL POLICIES AND PROCEDURES FOR CATHY J. BERRY MD, AND ASSOCIATES

We at Cathy J. Berry and Associates want to ensure you receive the best quality of healthcare. Your understanding of our financial policies is essential for good customer relations.

The following is a list of insurance companies we participate with. It is your responsibility to know what covered service under your individual policy is and what your financial responsibility will be. It is also the patient’s responsibility to know what restrictions apply to their own individual insurance policy relating to laboratories and hospital facilities.

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<thead>
<tr>
<th>Aetna</th>
<th>Medicare</th>
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<tbody>
<tr>
<td>Blue Cross / Blue Shield of CNY</td>
<td>MVP Healthcare</td>
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<tr>
<td>Blue Cross / Blue Shield PPO</td>
<td>POMCO</td>
</tr>
<tr>
<td>CDPHP - verify coverage in our area</td>
<td>PHCS</td>
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<tr>
<td>Cigna</td>
<td>SEIBA</td>
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<tr>
<td>Empire</td>
<td>Total Care/ Molina</td>
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<tr>
<td>Fidelis</td>
<td>UMR</td>
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<tr>
<td>GHI - Upstate NY plans only</td>
<td>United Health Care</td>
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<tr>
<td>Healthnow</td>
<td>Well Care</td>
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<tr>
<td>Lifetime Benefit Solutions</td>
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</tbody>
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Payment for any co-pays, co-insurance, or non-covered services is to be made at time of service. Per New York States law, co-pays and co-insurance charges can not be waived. Co-payments will be collected at the time of check-in. If you are not prepared to pay for your copayment at that time, you may be asked to reschedule your appointment.

If we do not participate with your insurance, you will be expected to pay for your services in full at the time the services are rendered. As a courtesy, we will then bill your insurance company and any reimbursement will be made directly to you.

In the case of financial hardship, payment arrangements will be made but only if agreed upon before services are rendered.

If you have an insurance company that requires a referral from your primary care physician, it is the patient’s responsibility to obtain this and keep track of the expiration date/ we will be unable to see you for your scheduled appointment if we do not have the referral on or before your appointment date.

We accept cash, checks, Visa, Mastercard, Discover and American Express. There will be a $25 charge for returned checks.

If you have any questions or concerns regarding these policies, please feel free to contact our billing department.
OB/GYN NEW PATIENT INFORMATION

Date: __________________

Name: ______________________________________ DOB: __________ Age: ______

Allergies: ______________________________________________________________________

Current Medications: ______________________________________________________________

Past Medical History:

Age at Onset of Menses: __________________ Days between cycles: ______________ Duration: ______

Last Menstrual Period: __________________ Problems with Menses: ________________

Year or Age of Menopause: __________________ HRT: ______________________________________________________________________

Total # Pregnancies: __________ #Vaginal __________ #C-Section __________ #Full Term Del. __________

#Living _______ #Premature _______ #Miscarried _______ #Abortion _______ #Ectopic _______

Pregnancy Complications: ___________________________________________________________

Self Care

Last Pap: ____ Location: __________ Last Bone Density: ______ Location: __________

Dates: Last Mammo:______ Location: ______ Self Breast Exam: Yes:______ No:________

Past Gyn Procedures (biopsies, etc.): _________________________________________________

Contraception: ______________________________________________________________________

Current method (you &/or partner): ______________________________________________________

Childhood Illnesses: __________________________________________________________________

Serious or Chronic Illnesses:

Endocrine (thyroid / diabetes / other): __________________ Lungs: __________________

Digestive System: __________________ Urinary System: __________________

Bones / Muscles / Joints: __________________ Allergy / Immune System: __________________

Skin: __________________ Gynecological: __________________

Other: ____________________________________________________________________________

Surgical History:

Any in-patient or out-patient surgery – with or without anesthesia: ______________________

Family Medical History: (ie: cancer, heart disease, diabetes, high blood pressure, thyroid disease, kidney disease)

Mother: __________________________________________________________________________

Father: __________________________________________________________________________

Maternal Grandmother: ________________________________________________________________

Maternal Grandfather: ________________________________________________________________

Paternal Grandmother: ________________________________________________________________

Paternal Grandfather: ________________________________________________________________

Social History:

Marital Status: __________ Live With: __________ Education: _________________________

Current Employment: _________________________________________________________________

Diet, Meals / day: __________________ Rate your diet: Poor ______ Fair ______ Good ______ Excellent ______

Pets: __________________ Cigarettes: Past ______ Present ______ Alcohol: Past ______ Present ______

Caffeine # / day: Soda: __________ Coffee: ______ Tea: ______ Street Drugs: __________

Sexual History:

Age at first intercourse: __________________________ # Partners in Life: __________________

History of sexually transmitted diseases: ______________________________________________
Cathy J. Berry, MD and Associates

8280 Willett Parkway, Suite 201
Baldwinsville, New York 13027
Phone (315) 638-0263  Fax (315) 635-9004

101 Pine Street
Syracuse, New York 13210
Phone (315) 422-8105  Fax (315) 251-1388

PATIENT REGISTRATION FORM
(Please Print)

Date: ____________________

Name: ____________________________ Sex: _____ F _____ M SS#: ___________________

Address: ____________________________________________________________

City: ____________________________ State: ______ Zip: __________________________

Phone: ____________________________ Cell Phone: __________ Age: ______ DOB: ___

Marital Status: Single____ Married_____ Divorced/Separated_____ Widow/Widower_____

Patients Employer: ___________________________________________ Occupation: ______

Employers Address: ___________________________________________ Work Phone: ______

Emergency Contact: ___________________________________________ Phone: ______

Spouse / Significant Others Name: ____________________________

Spouse / Significant Others DOB: ______________ SS#: __________

Spouse / Significant Others Employer: ______________ Occupation: __________

Employers Address: ___________________________________________ Work Phone: ______

Primary Care Physician & Address: __________________________

PCP Phone #: ____________________________

Pharmacy: ___________________________________________________________________

Race: (Please Circle) White    Black/African American    American Indian/Alaska Native
      Asian    Native Hawaiian /Other Pacific Island   Other   Unknown

Ethnicity: (Please Circle) Spanish/ Hispanic Origin    Not of Spanish/Hispanic Origin
          Unkown

Primary Language: ____________________________________________________________

___________________________________________________________

INSURANCE INFORMATION

Primary Insurance Company: ______________________________________________________

Subscriber Name: ____________________________ ID#: ____________________________

SS#: ____________________________ DOB: ____________________________

Secondary Insurance Company: ____________________________________________________

Subscriber Name: ____________________________ ID#: ____________________________
HIPAA

It is important to Cathy J. Berry and Associates to protect the privacy and confidentiality of health information as well as the safety and health of our patients. For us to protect your information the best we can, we ask you to please fill out the information below.

Appointment Information

Please check off all that apply to you:

Home Phone:  □  Work Phone:  □
Cell Phone:  □  Text Message:  □

Confirm appointment with another person:  □  If so, please list name(s) below:

_________________________________  __________________________

Medical Information

Please check off all that apply to you:

Home phone:  □  Work Phone:  □
Cell Phone:  □  Patient Portal:  □

Discuss medical information with another person:  □  If so, please list name(s) below:

_________________________________  __________________________

_________________________________

_________________________________

We encourage everyone to use our patient portal. The link is located at the bottom of our website. Please ask a secretary for your personal access code if you haven’t already received one.

Signature:  ___________________________________  Date:  _______________________

NYS Public Health Law requires that an offer HIV related testing be made to all persons between the ages of 13 and 64 receiving hospital, primary care, obstetric or gynecologic care
services, except under specific circumstances. This includes inpatients, persons seeking services in emergency departments, those receiving care on an outpatient basis at a clinic or from a physician, physician assistant, nurse practitioner or midwife.

HIV is the virus that causes AIDS and is passed from one person to another during unprotected sex with someone who has HIV. HIV is also passed through contact with blood as in sharing needles (piercing, tattooing, or injecting drugs of any kind) or sharing “works” with a person who has HIV.

If your test results are negative, you can learn how to protect yourself from being infected in the future. If you are positive, you can take steps to prevent passing the virus to others, and you can receive treatment for HIV and learn about other ways to stay healthy.

_____ Yes, I would like to speak with someone about HIV testing
_____ No, I do not wish to have an HIV test today.

The CDC recommends that an offer for Hepatitis C related testing be made to all persons born between 1946 and 1964 receiving hospital, primary care, obstetric or gynecologic care services. The new recommendations strengthen existing guidelines.

Hepatitis C exposure can come from sources such as blood transfusions or other blood products, or organ transplant before widespread adoption of screening measures, long-term dialysis treatment, infection with HIV, the AIDS virus, tattooing or piercing with non-sterile instruments, or injection drug use.

_____ Yes, I would like to speak with someone about Hep C testing
_____ No, I do not wish to have a Hep C test today

Patient Name: _________________________________ Date: __________
Signature: ________________________________

Medical Record #: __________________
Cathy J. Berry, MD & Associates
101 Pine Street
Syracuse, New York 13210
(315)422-8105

NO SHOW FEE AND LATE CANCELLATION FEE POLICY

Each time a patient misses an appointment without providing proper notice, another patient is prevented from receiving care. We reserve the right to charge for these occurrences.

Due to high patient demand and limited availability of appointments, we have instituted a $100.00 fee for a no show, and a $50.00 late cancellation fee. As of July 27th, 2015, you must give 24-hour notice to cancel/reschedule appointments. Failure to do so will result in the above fees.

By signing below, I acknowledge that I have read and understand this policy.

Patient Name (printed): ____________________________________________
Patient signature: ____________________________________________ Date: _________

Witness: ____________________________ Date: _________
I have received a copy of the Patient Guidelines, the Financial Policy and the Privacy Policy. I have been given the opportunity to ask questions regarding any of these documents.

Patient Name (printed): __________________________________________

Patient signature: __________________________________________ Date: ________

Witness: __________________________________________ Date: ________